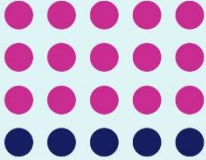
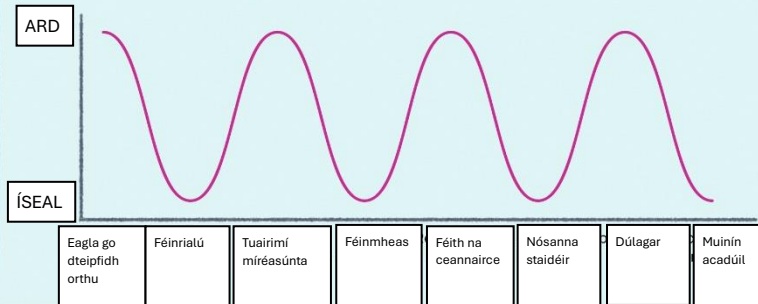


Moilleadóireacht a shárú

Moilleadóirí iad 75% de mhic léinn, dar leo féin

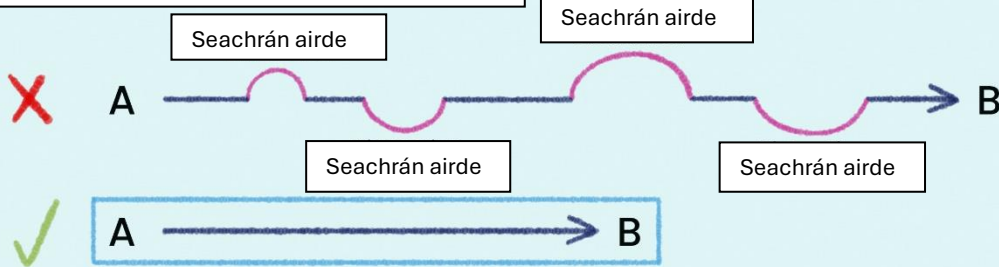


Tréithe an mhoilleadóira:



Straitéisí leis an mhoilleadóireacht a shárú

1. Cúiseanna le seachrán airde a shárú

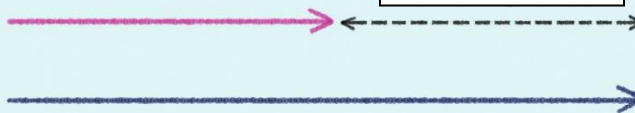


2. Neart ama a fhágáil

An fad a cheapfaidh mic léinn a thógfaidh tasc

An fad a thógann tasc i bhfírinne

“Míthuairim na Pleanála” a thugtar ar an bhearna seo



3. Cuir tús leis an tasc go díreach

An tasc a thosú an chuid is deacra ach is é is tábhachtaí fosta

Tagann Éifeacht Zeigarnik i bhfeidhm le cuidiú leat an tasc a chríochnú

